



Moving always requires serious consideration, no matter your stage of life. If you are thinking about moving to another US state when you retire, here are helpful tips for making sure you know and cover the social, medical, financial and legal issues involved before you pack your bags.

# Careful preparation can make for a good decision

Before moving to another state, taking the following steps may be helpful:

- Visit the location you have in mind at different times of the year to determine how comfortable you are with the climate, the area and the people. It is easy to fall in love with a new place at its most pleasant time of year, but living there year round is a different matter.
- Make an extended trial visit (a month or more), or rent an apartment there for a few months before finding permanent housing.
- Subscribe to the local paper for a month and read through it carefully. Get a feel for the local spirit of the place, whether useful projects succeed or get bogged down in politics, what the safer and more dangerous neighborhoods are, what the unresolved issues are, and so on.

- Make a list of the services you may want to use. Then check each county or town you are considering to find out which services are available. For each one, write down the agency or company name, contact person, phone number, counties served, fees, service limitations, regulations and any eligibility requirements.
- Request information from the Chamber of Commerce about state and local taxes, including property and sales taxes.
- Request a packet of information about the community.
- Consider various housing options. If you have a pet, make sure the housing options you look at allow animals.
- Visit different neighborhoods and retirement communities to get a feel for what is available.

### **KEY POINTS**

Moving out of state when you retire? Starting fresh can be great, especially when you plan in advance.

- Take stock of your current situation. Decide how you want to spend your life in retirement and how you will fund it.
- Make sure you know and cover all the social, medical, financial and legal issues involved.
- Try to minimize your taxes and housing expenses to help stretch your fixed income.



This material should be used as helpful hints only. Each person's situation is different. You should consult your investment professional, financial advisor or other relevant professional before making any decisions.

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# Retiring to a Different State

 Avoid making any big changes immediately after another big change, such as relocating immediately after retirement or selling your home immediately after the death of your spouse.

# Practical matters before you move

Before moving, consider the following steps:

- Contact a local realtor to list the property if you own your current home. Selling the family home may take considerable time and preparation. If you have adult children, they may want to be involved with packing and other aspects of moving.
- Contact a moving company to get a moving and packing estimate.
- Decide how your pets are going to travel to your new home and make whatever arrangements are necessary.
- Know the layout of your new residence to help you decide what to take with you and what will not fit. List the items you are taking with you, the items you want to give away and to whom, and the items you want to store and how they should be handled later. The remaining items can be claimed by children or grandchildren, sold at a garage sale or taken to a donation center. Keep a list of the donated items for tax preparation purposes.
- Pick up plenty of free change-of-address cards from the post office. Send cards to your:
  - accountant
  - attorney
  - banks
  - credit card companies
  - church
  - dentist
  - doctors
  - friends
  - relatives
  - IRA account management companies
  - Social Security office

- insurance companies
- financial advisor or investment professional
- stockbroker
- mutual fund companies
- utility companies
- voter registration office
- state income tax bureau
- motor vehicle department
- Department of Veterans Affairs
- Visit the Internal Revenue Service website to view your options for notifying them of your change of address. (The IRS will not accept a change of address card.)
- Send a letter to your bank to have funds transferred.
- Close your safety deposit box.
- Order checks with your new address printed on them. You
  want them before you move so you will be able to write checks
  as soon as you arrive.
- Arrange to have your phone and utilities turned off at your old home and turned on at your new home.
- Check to see if a driving test is needed to obtain a driver's license in your new state.

## **Social considerations**

Though you may be leaving friends and relatives behind when you move, there are steps you can take to maintain ties:

- Talk with your friends and relatives about how you are going to keep up with them after you move. Some retirees who move away set up an annual reunion in their old or new home or start a round-robin letter to circulate among friends.
- Trade email addresses with everyone before you leave, then make it a habit to stay connected.
- Check to see if there is a local chapter in your new area for the service clubs or organizations that you belong to.

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# Retiring to a Different State

#### **Medical issues**

Check with your health insurance provider to make sure you can retain your current benefits in the states you are considering. Once you have decided where to go and are preparing to move, remember to take these steps:

- Request a written medical history from your physician(s) and dentist.
- Keep a list of phone numbers and addresses for your current doctors, dentist and pharmacist in case you need to contact them from your new home.
- Have your pharmacy prepare a list of your prescriptions with noted side effects.
- Arrange for an ample supply of medications to cover your first few months after relocation.

#### **Financial considerations**

Here are some steps to take before you move:

- Check with your accountant to determine the tax consequences of your move, the sale of your home and any other financial changes that may occur.
- Ask your insurance company what kind of rates to expect in the communities you're considering. Home and car insurance rates may vary widely depending on local conditions.
- Check for differences in financial benefits in the states you are thinking of moving to, particularly if you receive Medicaid or assistance from a state-funded program.

## **Legal issues**

Legal documents and arrangements can vary from state to state. If you have made any of the following legal arrangements, be sure to check with your attorney on whether they will need to be modified for use in a different state:

- representative payee
- power of attorney
- durable power of attorney
- guardianship
- living will

- medical power of attorney
- health care power of attorney
- life estate
- trusts

You may also want to start working with an attorney in your new state before you actually move there.

## Important documents

It is important that someone knows where to find your important financial and legal documents in case of emergency. Before you move, ask your financial advisor or investment professional for a ready-made MFS Heritage Planning® contact and financial information worksheet. Use it to consolidate and record your most vital information, including:

- your contact information
- emergency contacts and neighbors
- employer address and telephone
- insurance policies
- doctors, clinics, health centers
- pharmacies and medications
- legal, financial and estate contacts
- retirement and other investments
- personal property details
- military benefits

Once you complete the worksheet, put the original in a safe spot, give a copy to a trusted relative, friend or caregiver and let a family member and/or your emergency contact know where to find this document if needed.

Contact your financial advisor or investment professional for more information or visit mfs.com.

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